

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

## How to use this Wheel

2 Read notes below, then check sections indicated by a yellow pointer.

- If you think this is an emergency, see the two yellow sections to the right.
- If not an emergency, place the blue section that best describes the symptoms of the problem (e.g., odors) in the window above.
- Read the notes below and answer all the questions in the sections indicated by a yellow pointer. Your answer will suggest potential corrective actions.
- See the light blue window for notes on questions that end with \* or \*\*. Turn if needed.
- Communicate with occupants as noted in the light blue window below.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



### Communicate

- Notify building occupants (and parents of minors) if the problem cannot be resolved quickly and the investigation will be ongoing.
- Provide a final report of the outcome to building occupants (and parents of minors).
- See EPA publications for more communication guidance.

Diagnosed into clusters of serious symptoms

Cough; congestion; chest tightness; shortness of breath; fever, chills, and/or fatigue

Headache, lethargy, nausea, drowsiness, and dizziness

### Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*\*\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

### Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?\*
- Are dampers operating correctly?\*
- Is there moisture, debris, or mold in or near the unit?\*
- Are drain pans clean and sloped toward the drain?\*
- Do coils need to be cleaned?\*
- Is combustion equipment properly vented without flue leaks or backdrafting?\*

### Outdoor Air Supply

- Is the ventilation system on?\*
- Is the airflow from vents sufficient?\*
- Are the fans turned on?\*
- Are outdoor air intakes near pollutant sources?\*
- Are outdoor air intakes near exhaust sources?\*
- Is outdoor air supply at least 15 cm per person?\*
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor concentrations?\*
- Is outdoor air supply at least 15 cm per person?\*

### Air Temperature & Humidity

- Is the thermostat set properly?\*
- Is air flowing from the vent too cool or too warm?\*
- Are drafts or direct sunlight causing discomfort?\*
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?\*
- Is there an objectionable odor?\*

### Building Sources

- Has there been recent painting, roofing, remodeling, or construction?\*
- Were pesticides applied recently?\*
- Has new furniture, flooring, or equipment been installed?\*
- Are solvents or other chemicals stored in poorly sealed containers?\*
- Are areas in the building overfilled with ventilation?\*
- Are combustion appliances used in rooms without adequate ventilation?\*

### Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?\*
- Are there sources nearby or upwind:
  - Exhaust from traffic, loading docks, construction activity?
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?\*
- Are pollen levels high?\*

### Biological Sources

- Do you see or smell mold?\*
  - Are there signs of rodents or pests?\*
  - Are there animals or pets in classrooms?\*
  - Is condensation often present on windows or cold surfaces?\*
  - Do you see wet or frequently damp areas?\*
  - Is indoor relative humidity above 60%?\*
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

### Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?\*
- Are chemical or cleaning products used near the complaint area?\*
- Are any new cleaning products or procedures being used?\*
- Have there been recent changes in housekeeping procedures?\*
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?\*
- Are products stored in sealed containers?\*
- Are products in rooms with adequate ventilation?\*
- Are paints, markers, or other art supplies capped or closed?\*

What to do in an emergency

Odors

Temperature or humidity problems (occupant discomfort)

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

## Identifying an emergency

2 Read notes below, then check sections indicated by a yellow pointer

Emergencies are situations in which limited time is available to avert serious health problems or property damage, such as:

- Life-threatening situations, such as hazardous materials spills.
- When occupants show symptoms of carbon monoxide poisoning (headaches, lethargy, nausea, drowsiness, dizziness, and unusual fatigue or confusion).
- When occupants show widespread breathing difficulties such as shortness of breath, chest tightness, or respiratory irritation.
- Diagnosed Legionnaire's disease or tuberculosis.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



## How to use

### Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

### Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

### Outdoor Air Supply

- Is the ventilation stream on?
- Is the airflow from vents sufficient?\*
- Are outdoor air intakes, vents, or ducts blocked?
- Is the airflow through outdoor intakes sufficient?\*
- Are outdoor air intakes, vents, or ducts blocked? (e.g., riding vehicles or dampers?)
- Are outdoor air intakes, vents, or ducts blocked?
- Is outdoor air supply at least 15 cm per person?\*
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor concentrations?\*

### Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

### Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were new furniture, flooring, or equipment been installed?
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

### Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind:
  - Industrial, agricultural, or loading docks.
  - Construction activity?
  - Construction activity?
- Are pollen levels high?

### Headache, lethargy, nausea, drowsiness, and dizziness

### Swelling, itching, or irritated eyes, nose, or throat; congestion

### Diagnosed infection or clusters of serious health problems

### Cough, congestion, chest tightness, shortness of breath, fever, chills, and/or fatigue

### Biological Sources

- Do you see or smell mold?
- Are there signs of rodents or pests?
- Are there animals or pets in classrooms?
- Is condensation often present on windows or cold surfaces?
- Do you see wet or frequently damp areas?
- Is indoor relative humidity above 60%?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

### Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are occupational or janitorial cleaning products or procedures being used?
- Are there any recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers? and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

### Odors

### Temperature or humidity problems (occupant discomfort)

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

## What to do in an emergency

2 Read notes below, then check sections indicated by a yellow pointer.

- Immediately seek medical or public health assistance (e.g., from local or state health department).
- Evacuate affected areas, if warranted.
- When appropriate, such as for carbon monoxide poisoning or chemical spills, ventilate the affected areas with large amounts of outside air (use temporary fans if needed).
- Inform building occupants and parents of minors of the problem, and maintain clear communications.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



## Identifying an emergency

### Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (i.e., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*
- Is a sufficient quantity of air entering the room?\*

### Biological Sources

- Do you see or smell mold?
- Are there signs of rodents or pests?
- Are there animals or pets in classrooms?
- Is condensation often present on windows or cold surfaces?
- Do you see wet or frequently damp areas?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

### Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemical or cleaning products used near the complaint area?
- Are any new cleaning products in housekeeping?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

### Temperature or humidity problems (occupant discomfort)

## How to use this Wheel

### Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

### Outdoor Air Supply

- Is the ventilation system on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are outdoor intakes, vents, or ducts blocked?
- Are outdoor intakes, vents, or dampers?
- Are outdoor air intakes at least 15 cm (6 in.) above ground level?
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor level per person?\*
- Is outdoor air supply at least 15 cm (6 in.) above ground level?

### Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

### Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were pesticides applied recently, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

### Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind:
  - Exhaust from traffic, loading docks, construction activity?
  - Industrial, agricultural, or lawn care activity?
  - Are pollen levels high?

### Headache, lethargy, nausea, drowsiness, and dizziness

### Diagnosed infection or clusters of serious health problems

• Allow airflow, use special like or a piece of tissue. Adjacent areas (openings include plumbing passageways, and leaky and plugging direction, if any. Do not the airflow direction, if any. Do not the on or move quickly near puffs of smoke.

- Notify building manager (and parents if applicable) if problem cannot be resolved.
- Provide a final report.

### Cough, congestion, chest tightness, shortness of breath, fever, chills, or fatigue

### Swelling, itching, or irritated eyes, throat, congestion or throat, or irritated

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

## Odors

2 Read notes below, then check sections indicated by a yellow pointer.

### Notes

Start with the most logical odor source. If odors do not seem to be coming from the immediate area, use chemical smoke to track airflows from adjacent areas from which the odors may be emanating. Also, remember that your nose quickly becomes used to most odors. "Reset" your nose often with clean air to more effectively track odors with your nose.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



### \*Airflow

To detect airflow, use special chemical smoke or a piece of tissue. Release puffs of smoke near openings between cracks, ducts, wiring and plumbing passageways, and leaky or open doors and windows. Release smoke near vents and grilles to determine airflow direction, if any. Do not breathe on or move quickly near puffs of smoke.

What to do in an emergency

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*\*\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

## Outdoor Air Supply

- Is the ventilation system on?
- Is the airflow from vents sufficient?\*
- Is the airflow through outdoor intakes blocked?
- Are outdoor intakes, vents or ducts blocked? (e.g., falling leaves or dumpsters)?
- Are outdoor intakes near pollutant sources?
- Is outdoor air supply at least 15 cm per person?\*
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor concentration?

## Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

## Biological Sources

- Do you see or smell mold?
- Are there animals or pets in classrooms?
- Is condensation often present on windows or cold surfaces?
- Do you see wet or frequently damp areas?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemicals or cleaning products used near the complaint area?
- Are any new cleaning products in housekeeping?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Exhaust from traffic, or upwind:
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?
- Are pollen levels high?
- Are pollen levels high?

## Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were pesticides applied recently?
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building over-dusty?
- Are combustion appliances used in rooms without adequate ventilation?

Cough; congestion; chest tightness; shortness of breath; fever, chills, and/or fatigue

Swelling, itching, irritated nose, throat congestion

Headache, lethargy, nausea, drowsiness, and dizziness

... or humidity problems ... discomfort

Diagnosed infection or clusters of serious health problems


Identifying an emergency

How to use this wheel

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

**1** Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

**Temperature or humidity problems (occupant discomfort)**

**2** Read notes below, then check sections indicated by a yellow pointer 

## Notes

Due to wide differences in personal comfort levels and clothing, typically up to 20% of people in a space may be uncomfortable to some degree—so don't expect to obtain 100% satisfaction. Also, occupant discomfort may result from other factors such as glare, noise, poor ergonomics, or job or home stress.

**3** If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



**Airflow**  
To detect airflow, use chemical smoke or a piece of tissue paper near opening. Release puffs of smoke near cracks, ducts, wiring and plumbing passes, or open doors and windows. Release puffs of smoke near puffs of smoke. To determine airflow direction, breathe on or move quickly. If you see smoke, you have air flow in that direction. If you see no smoke, there is no air flow in that direction. If you see smoke in one direction but not in another, there is air flow in the direction of the smoke. If you see smoke in all directions, there is air flow in all directions. If you see smoke in one direction but not in another, there is air flow in the direction of the smoke. If you see smoke in all directions, there is air flow in all directions.

**What to do in an emergency**

## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment, properly vented without flue leaks or backdrafting?

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*
- Is a sufficient quantity of air entering the room?\*

## Outdoor Air Supply

- Is the ventilation system on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are the air filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment, properly vented without flue leaks or backdrafting?

## Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

## Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were pesticides applied recently?
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?
- Are pollen levels high?

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind:
  - Exhaust from traffic, loading docks, construction activity?
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?

## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemical or cleaning products used near the complaint area?
- Are any new cleaning products in housekeeping procedures?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

## Biological Sources

- Do you see or smell mold?
  - Are there signs of rodents or pests?
  - Are there animals or pets in classrooms?
  - Is condensation often present on windows or cold surfaces?
  - Do you see wet or frequently damp areas?
  - Is indoor relative humidity above 60%?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

Swelling, itching, or irritated eyes, nose, or throat; congestion

Cough, congestion, chest tightness, shortness of breath, fever, chills, and/or fatigue

Diagnosed infection or cluster of serious health problems

How to use this wheel

Odors

Lethargy, nausea, and dizziness

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

**Headache, lethargy, nausea, drowsiness, and dizziness**

2 Read notes below, then check sections indicated by a yellow pointer.

**Notes**

If onset was sudden or severe, check for carbon monoxide poisoning (see the yellow section "What to do in an emergency"). Note if symptoms dissipate after leaving the building or room. Since these symptoms have many potential causes, check for adequate ventilation or unusual pollutant sources in the building or room.

**3** If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



Temperature or humidity (occupants)

itching, irritated throat; congestion

Cough; congestion; chest tightness; shortness of breath; fever, chills, and/or fatigue

Diagnosed infection or clusters of serious health problems

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*\*\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

## Biological Sources

- Do you see or smell mold?
  - Are there signs of rodents or pests?
  - Are there animals or pets in classrooms?
  - Is condensation often present on windows or cold surfaces?
  - Do you see wet or frequently damp areas?
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## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemical or cleaning products used near the complaint area?
- Are any new cleaning products or procedures being used?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind?
  - Exhaust from traffic, loading docks, construction activity?
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?
- Are pollen levels high?

## Building Sources

- Has there been recent painting, roofing, remodeling or construction?
- Were pesticides applied recently?
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

## Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

## Outdoor Air Supply

- Is the ventilation system on?
- Is the airflow from vents sufficient?\*
- Are outdoor air intakes near pollutant sources (e.g., idling vehicles or dumpsters)?
- Are the fans turned on?
- Is the airflow through outdoor intakes blocked?
- Are outdoor air intakes near pollutant sources (e.g., idling vehicles or dumpsters)?
- Is outdoor air supply at least 15 cm above the 100 ppm above-ground concentration?\*
- Is carbon dioxide (CO<sub>2</sub>) in the area per person?\*\*\*
- Is outdoor air supply at least 15 cm above the 100 ppm above-ground concentration?\*

## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?\*
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

**Volume**

Units are designed to measure air velocity in ft/min used to calculate airflow. While can be used to measure airflow in ducts, cracks, ducts, wiring, or open doors and windows.

To detect all chemical smoky complaint area and cracks, ducts, wiring, or open doors and windows to detect all chemical smoky complaint area and cracks, ducts, wiring, or open doors and windows.

What to do in an emergency

Identifying an emergency

How to use this Wheel

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

Swelling, itching, or irritated eyes, nose, or throat; congestion

2 Read notes below, then check sections indicated by a yellow pointer

## Notes

May be an allergic reaction, if only a small number are affected (check "Biological Sources" first); more likely to be irritation response if a large number are affected (check "Housekeeping Sources," "Outdoor Sources," or "Building Sources" first). Symptoms may disappear when occupant is away from the building. Check for strong pollutant sources in the area/room (e.g., paint, solvent, adhesive, aerosol products, cleaners, petroleum products, printing, cooking). Check for any new pollutant sources in use. Also see symptoms to right.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



## \*\*Air Volume

Flowhoods are designed to measure airflow at grilles and diffusers. Pilot tubes are designed to measure air velocity in ducts; air velocity is then used to calculate airflow. While flowhoods are more expensive to purchase than pilot tubes, they are easier to use and can be used to measure airflow in ducts by summing the airflows from all vents connected to a given duct.

Headache, lethargy, drowsiness, and

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

## Biological Sources

- Do you see or smell mold?
- Are there signs of rodents or pests?
- Are there animals or pets in classrooms?
- Is condensation often present on windows or cold surfaces?
- Do you see wet or frequently damp areas?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

Chest tightness; shortness of breath; and/or fatigue

## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemical or cleaning products used near the complaint area?
- Are any new cleaning products or procedures being used?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

Diagnosed infection or clusters of serious health problems

Temperature or humidity problems (occupant discomfort)

## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?\*
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit? drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

## Outdoor Air Supply

- Is the ventilation system on?\*
- Is the airflow from vents sufficient?\*
- Is the airflow from vents or ducts blocked?
- Are outdoor intakes, vents or ducts blocked? (e.g., drifting vehicles or dumpsters?)
- Are outdoor intakes, vents or ducts 15 cm per person?\*
- Is outdoor air supply at least 70% above outdoor concentrations?
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor concentrations?\*

Odors

## Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?
- Is there an objectionable odor?

What to do in an emergency

## Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were pesticides applied recently?
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind:
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?
  - Construction activity or lawn care activity?
- Are pollen levels high?

How to use this Wheel

Identifying an emergency

# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

**Cough; congestion; chest tightness; shortness of breath; fever, chills, and/or fatigue**

2 Read notes below, then check sections indicated by a yellow pointer

## Notes

Check for microbial contamination in the Air Handling Unit and ductwork. A medical evaluation can help identify possible causes, such as carbon monoxide poisoning, hypersensitivity pneumonitis, or humidifier fever. Also see symptoms to left.

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

## Biological Sources

- Do you see or smell mold?
  - Are there signs of rodents or pests?
  - Are there animals or pets in classrooms?
  - Is condensation often present on windows or cold surfaces?
  - Do you see wet or frequently damp areas?
  - Is indoor relative humidity above 60%?
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?
- Are chemical or cleaning products used near the complaint area?
- Are any new cleaning products in housekeeping procedures?
- Have there been recent changes in housekeeping procedures?
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?
- Are products stored in sealed containers and/or in rooms with adequate ventilation?
- Are paints, markers, or other art supplies capped or closed?

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

## Outdoor Air Supply

- Is the ventilation system on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are the air flow through outdoor intakes blocked?
- Are the intakes near vents, or duct blocked?
- Are the intakes clean and sloped toward the outdoors?
- Are the intakes near exhaust sources (e.g., dining vehicles or dumpsters)?
- Is outdoor air supply at least 15 cm per person?\*
- Is outdoor air supply at least 15 cm above outdoor concentrations?\*
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor concentrations?\*

## Air Temperature & Humidity

- Is the thermostat set properly?
- Is air flowing from the vent too cool or too warm?
- Are drafts or direct sunlight causing discomfort?
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Has new furniture, flooring, or equipment been installed?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

## Building Sources

- Has there been recent painting, roofing, remodeling, or construction?
- Were pesticides applied recently?
- Are new furniture, flooring, or equipment stored in poorly sealed containers?
- Are solvents or other chemicals stored in poorly sealed containers?
- Are areas in the building overly dusty?
- Are combustion appliances used in rooms without adequate ventilation?

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?
- Are there sources nearby or upwind:
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?
  - Construction activity?
- Are pollen levels high?

What to do in an emergency

Identifying an emergency

How to use this Wheel

Headache, lethargy, nausea, drowsiness, and dizziness

Swelling, itching, eyes, nose, or throat

Health problems

Temperature or humidity problems (occupant discomfort)

Odors

Guiding occupants through the investigation

• Air velocity flowhoods are designed to measure airflow at grilles. Pilot tubes are then used to calibrate flowhoods are more expensive to purchase and easier to use and can be used to measure airflows connected to a given duct.



# INDOOR AIR QUALITY PROBLEM SOLVING WHEEL

1 Turn to the symptoms of the problem (blue) or to the instructions (yellow) in the window below.

Diagnosed infection or clusters of serious health problems

2 Read notes below, then check sections indicated by a yellow pointer

## Notes

May be Legionnaire's disease or histoplasmosis related to bacteria or mold found in the building or near outdoor air intakes. Contact your local or state health department for guidance.

3 If all potential causes with yellow pointers have been checked yet problem remains, check other potential causes or seek professional assistance.



Cough; congestion; chest pain; difficulty breathing; fever; chills

Swelling, itching, or irritated eyes, nose, or throat; congestion

Headache, lethargy, nausea, drowsiness, and dizziness

Temperature or humidity problems (occupant discomfort)

## Local Exhaust

- Is the exhaust system turned on?
- Is the exhaust fan turned on?
- Are exhaust systems used consistently in special areas (e.g., in science labs or technical shops)?
- Does exhaust move air back into the room rather than outside?\*
- Is a sufficient amount of air being exhausted?\*\*\*
- Is exhaust ductwork blocked?
- Is a sufficient quantity of air entering the room?\*

## Air Handling Unit

- Is the system turned on?
- Is the airflow from vents sufficient?\*
- Are the fans turned on?
- Are filters clean and properly installed?\*
- Are dampers operating correctly?
- Is there moisture, debris, or mold in or near the unit?
- Are drain pans clean and sloped toward the drain?
- Do coils need to be cleaned?
- Is combustion equipment properly vented without flue leaks or backdrafting?

## Outdoor Air Supply

- Is the ventilation system on?\*
- Is the airflow from vents sufficient?\*
- Is the airflow through outdoor intakes blocked?\*
- Are the fans turned on?\*
- Are the air intakes near pollutant sources (e.g., idling vehicles or dumpsters)?
- Are outdoor intakes vents, or ducts located at least 15 cm (6 in.) above the ground?\*
- Are outdoor intakes, vents, or ducts located near pollutant sources (e.g., idling vehicles or dumpsters)?
- Is carbon dioxide (CO<sub>2</sub>) in the area more than 700 ppm above outdoor level?\*
- Is outdoor air supply at least 15 cm (6 in.) per person?\*\*\*

## Air Temperature & Humidity

- Is the thermostat set properly?\*
- Is air flowing from the vent too cool or too warm?\*
- Are drafts or direct sunlight causing discomfort?\*
- Is humidity too high or low? (Recommended range is 30-60% relative humidity.)
- Does condensation frequently form on windows or other cold surfaces?\*
- Is there an objectionable odor?\*

## Building Sources

- Has there been recent painting, roofing, remodeling, or construction?\*
- Were pesticides applied recently?\*
- Are new furniture, flooring, or equipment been installed?\*
- Are solvents or other chemicals stored in poorly sealed containers?\*
- Are areas in the building overly dusty?\*
- Are combustion appliances used in rooms without adequate ventilation?\*

## Outdoor Sources

- Are sources of odors or pollutants (e.g., vehicle exhaust, stored chemicals, or trash bins) located near outdoor air intakes, windows, or doors?\*
- Are there sources nearby or upwind:
  - Industrial, agricultural, or lawn care activity?
  - Construction activity?
  - Construction activity, or lawn care activity?
- Are pollen levels high?\*

## Housekeeping Sources

- Do complaints occur during or just after housekeeping activities?\*
- Are chemical or cleaning products used near the complaint area?\*
- Have any new cleaning products or procedures been used?\*
- Are housekeeping products sufficiently diluted or used based on manufacturers' directions?\*
- Are products stored in sealed containers and/or in rooms with adequate ventilation?\*
- Are paints, markers, or other art supplies capped or closed?\*

## Biological Sources

- Do you see or smell mold?\*
- Are there signs of rodents or pests?\*
- Is condensation often present on windows or cold surfaces?\*
- Do you see wet or frequently damp areas?\*
- Excess moisture can cause mold, dust mites, and bacteria to flourish. Moist or wet materials should be dried within 24-48 hours to avoid mold growth or replaced if mold already exists.

communicate building occupants (of minors) if the problem is not quickly resolved and the investigation will be ongoing. EPA publications for more information on the outcome of the investigation and parents of minors.

Flowhoods to measure airflow. Pilot tubes are designed to measure airflow. Flowhoods are more expensive than pilot tubes but easier to use and more accurate.


Use this Wheel

Identifying an emergency

What to do in an emergency

Odors

# Indoor Air Quality Problem Solving Wheel

Spatial Patterns of Complaints	Important...	Timing Patterns of Complaints
<p><b>Widespread, no apparent spatial pattern</b></p> <ul style="list-style-type: none"> <li>• Check ventilation and temperature for entire building.</li> <li>• Check outdoor air quality and outdoor sources.</li> <li>• Identify sources that are spread throughout the building (e.g., cleaning materials, contaminated HVAC systems, overcrowding, furnishings).</li> <li>• Check for general distribution of a source throughout the ventilation system.</li> <li>• Consider explanations other than air contaminants.</li> </ul>	<p>This Wheel provides an easy, step-by-step process for identifying and resolving common indoor air quality (IAQ) problems. It is important that this Wheel be used in conjunction with more detailed guidance. Call 800-438-4318 or visit <a href="http://www.epa.gov/iaq">www.epa.gov/iaq</a> for a free copy of the <i>IAQ TFS Kit</i> or <i>I-BEAM</i>.</p> <p><i>Indoor Air Quality Tools for Schools (IAQ TFS) Kit</i> EPA 402/K-07/008</p>  <p><i>IAQ Building Education and Assessment Model (I-BEAM)</i> EPA 402-C-01-001</p> <p>I-BEAM is comprehensive, state-of-the-art software that provides guidance for managing IAQ in large buildings.</p> <p>The tables to the left and right can be helpful in defining the complaint area and in determining patterns in the timing of symptoms. The complaint area may need to be revised as the investigation continues. Keep in mind that symptoms may result from a combination of minor problems. Using this Wheel will not necessarily identify or resolve all problems caused by indoor air pollution.</p>	<p><b>Symptoms begin and/or are worst at the start of the day or occupied period</b></p> <ul style="list-style-type: none"> <li>• Review the operation procedures for the HVAC system. Pollutants from building materials or from the HVAC system itself may build up during unoccupied periods.</li> </ul>
<p><b>Localized (e.g., affecting individual rooms, zones, or air handling systems)</b></p> <ul style="list-style-type: none"> <li>• Check ventilation and temperature within the complaint area.</li> <li>• Identify pollutant sources that may affect the complaint area (e.g., copy room, storage closet, smoking lounge, mold/moisture).</li> <li>• Check for contamination of the local HVAC system.</li> </ul>		<p><b>Symptoms worsen over the course of the occupied period</b></p> <ul style="list-style-type: none"> <li>• Investigate whether ventilation is adequate to handle routine activities or equipment operation within the building, and that temperature and humidity are properly controlled.</li> </ul>
<p><b>Individual(s)</b></p> <ul style="list-style-type: none"> <li>• Check for drafts, radiant heat (gain or loss), and other localized temperature control or ventilation problems near the affected individual(s).</li> <li>• Check local sources (see above) and consider that common sources may affect only susceptible individuals.</li> <li>• Consider the possibility that individual complaints may have different causes. If symptoms continue when occupants leave the building, there may be non-building related causes.</li> </ul>		<p><b>Intermittent symptoms</b></p> <ul style="list-style-type: none"> <li>• Look for daily, weekly, or seasonal cycles or weather-related patterns in maintenance or cleaning activities.</li> <li>• Check linkage to other events in and around the school.</li> <li>• Make sure the HVAC system is operating properly, including during extreme weather.</li> </ul>
		<p><b>Single occurrence of symptoms</b></p> <ul style="list-style-type: none"> <li>• Consider spills and other isolated events as sources.</li> </ul>
		<p><b>Recent onset of symptoms</b></p> <ul style="list-style-type: none"> <li>• Check for recent changes or events (e.g., remodeling, renovation, redecorating, HVAC system adjustments, leaks, or spills).</li> </ul>
		<p><b>Symptoms relieved on leaving the school, either immediately, overnight, or (in some cases) after extended periods away from the building</b></p> <ul style="list-style-type: none"> <li>• Consider that the problems may be building-associated, though not necessarily due to air quality. Other stressors (e.g., lighting, noise) may be involved.</li> </ul>

For more information and to view or order publications on indoor air quality topics, visit the National Service Center for Environmental Publication Web site at [www.epa.gov/nscep](http://www.epa.gov/nscep) or [www.epa.gov/iaq](http://www.epa.gov/iaq).



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Indoor Air Quality (IAQ)